

APPROVED ABBREVIATIONS

Clinical Documentation

30SCST	30 second chair stand test	BOS	base of support
2MST	2 minute step test	BP	blood pressure
2MWT	2 minute walk test	BPH	benign prostatic hypertrophy
6MWT	6 minute walk test	BR	bathroom
5TSST	5 times sit to stand test	BRP	bathroom privileges
A	active	B/S	bowel sounds
AAA	abdominal aortic aneurysm	BS	blood sugar
AAROM	active assisted range of motion	BSC	bedside commode
Abd	abduction	BUE	bilateral upper extremities
ABD	abdomen	BUN	blood urea nitrogen
ABG	arterial blood gases	(C)	changed
ABX	antibiotic	C	Centigrade
ac	before	Ca++	Calcium
ACH	acute care hospitalization	CA	Cancer
ACL	Anterior Cruciate Ligament	CABG	coronary artery bypass graft
ACLS	Advanced Cardiac Life Support	CAD	coronary artery disease
A/D	assistive device	CAP	capsule
ADD	adduction	CAT/CT	computerized axial tomography
ADA	American Disability Act / American Diabetic Association	CATH/CATH	catheter, catheterization
ADL	activities of daily living	CBA	community based alternative program
AD LIB	as desired	CBC	complete blood count
AEA	above elbow amputation	cc	cubic centimeter
AEB	as evidenced by	CCC	certificate of clinical compliance
AFO	ankle foot orthotic/orthosis	CERT	certification
Aide	Home Health	CEU	continuing education unit
AIDS	acquired immune deficiency syndrome	CFSS	Clinical Field Staff Supervisor
AKA	above the knee amputation	CG	caregiver / contact guard (PT)
ALF	Assisted living facility	CGA	contact guard assist
ALS	amyotrophic lateral sclerosis	CHF	congestive heart failure
AMB	ambulatory	CHB	complete heart block
AM	morning	△	change
AMT	amount	CHOL	cholesterol
ANT	anterior	CIHD	chronic ischemic heart disease
AP	apical pulse	CK	check
APPROX	approximate	CLASS	community living assistive & supportive services
APPT	appointment	CM	case manager
APS	Adult Protective Services	CMS	Center for Medicare and Medicaid Services (formerly HCFA)
AROM	active range of motion	CNA	certified nurse aide
ARROM	active resisted range of motion	CNS	central nervous system
ASA	acetylsalicylic acid (aspirin)	COG	center of gravity
ASAP	as soon as possible	CONT	continue
ASCVD	arteriosclerotic cardiovascular disease	COPD	chronic obstructive pulmonary disease
ASHD	arteriosclerotic heart disease	C/O	complains of
ASST	assistant	CPAP	continuous positive airway pressure
AUSC	auscultation	CPK	creatinine phosphokinase
AX	axillary	CPM	continuous passive motion (for total joints)
BBB	bundle branch block	CPR	cardiopulmonary resuscitation
BD	Branch Director	CPS	child protective services
BE	barium enema	C&S	culture and sensitivity
BEA	below the elbow amputation	CRF	chronic renal failure
BID	twice a day	CSF	cerebrospinal fluid
BIL/BILAT	bilateral	CSR	Cheyne-Stokes Respiration
BKA	below the knee amputation	CTA	clear to auscultation
BLE	bilateral lower extremities	CV	cardiovascular
BUL	bilateral upper lobes	CVA	cerebro vascular accident
BLL	bilateral lower lobes	CVC	central venous catheter
BLS	basic life support		
BM	bowel movement		

CXR	chest x-ray	G/T	gait training
C-#	cervical vertebra & number	GT/G-tube	gastric tube
DC	discharged	GTT	glucose tolerance test
DEPT	department	GU	genitourinary
DHS	Department of Human Services	HA, H/A	headache
DIFF	differential	HAZ	hazard / hazardous
DJD	degenerative joint disease	HCT	hematocrit
DKA	diabetic ketoacidosis	HCVD	hypersensitive cardiovascular
DM	diabetes mellitus	HDL	high density lipoprotein
DME	durable medical equipment	HEENT	head, eyes, ears, nose, throat
DNR	do not resuscitate	HEMI	hemiplegia, or partial
DOB	date of birth	HEMO	pertaining to blood
DOE	dyspnea on exertion	HEP	home exercise program
DON	Director of Nurses	HF	heart failure
DOT	Director of Therapy Services	H&H	hemoglobin & hematocrit
DSG/DRSG	dressing	HHA	home health agency /aide
D/T	due to	HCA	home care aide
DVT	deep vein thrombosis	HHC	home health care
DX	diagnosis	HIC#	health insurance claim
EC	emergent care	HIPAA	Health Insurance Portability and Accountability Act
ECF	extended care facility	HIV	human immunodeficiency virus
EEG	electroencephalogram	HMO	health maintenance organization
EENT	eye, ear, nose and throat	HOB	head of bed
EKG/ECG	electrocardiogram	HOH	hard of hearing
EMS	emergency medical system	H&P	History & Physical
ER	Emergency Room	H/P	hemiparesis
ESC	encourage self care	HR	hour
ESNV	extra skilled nurse visit	hs	hour of sleep
ESV	extra skilled visit	HT	height
ESRD	end stage renal disease	HTN	hypertension
ET	enterostomal	H2O	water
ETC.	and so on	H2O2	hydrogen peroxide
EX	exercise	HYPHER	increased
EXAC	exacerbation	HYPO	decreased
Exam	examination	HX	history
EXT	external/extension	I	independent
F	fahrenheit	IADL	instrumental activities of daily living
FAB	femoral artery bypass	ICD	international classification of diseases codes
FBS	fasting blood sugar	INCONT	incontinent
FCM	Functional Communication Measures	IDDM	insulin dependent diabetes mellitus
Fe+	iron	IM	intramuscular
FIB	fibrillation	INDEP	independent
FL	flexion/fluid	INFO	information
FR	french	INJ	injection
FREQ	frequency/ frequent	INR	internal reference
FSBS	finger stick blood sugar	INS	insurance
FT	feet/foot	INTRA	within
FUO	fever of unknown origin	IPPB	intermittent positive pressure breathing
FWB	full weight bearing	I&O	intake and output
FX	fracture	IRREG	irregular
F/U	follow-up	IRRIG	irrigation
G	good (muscle grade)	IRF	Inpatient Rehab Facility
GB	gallbladder	IV	intravenous
GERD	gasto-esophageal reflux disease	IVPB	IV piggy back
GG	gamma globulin	I&D	incision and drainage
GGT	gamma-glutamul transferase	JVD	jugular vein distension
GI	gastrointestinal	J-TUBE	jejunostomy tube
GLF	ground level fall	KAFO	knee, ankle, foot arthrosis/orthotic
GM/Gm	gram	K+	potassium
GR	grain	KCL	potassium chloride
GS	gluteal sets		
GSW	gun shot wound		

KG	kilogram	MPOA	Medical Power of Attorney
KUB	kidney/ureter/bladder	MR	mitral regurge
L	left	MRI	magnetic resonance imaging
L1	left hand, fourth finger, medial site	MSS	medical social services
L2	left hand, fourth finger, lateral site	MSW	medical social worker
L3	left hand, third finger, medial site	MVA	motor vehicle accident
L4	left hand, third finger, lateral site	MVI	multiple vitamin
L5	left hand, second finger, medial site	MAX	maximal assistance
L6	left hand, second finger, lateral site	N	normal (muscle grade)
L7	left hand, first finger, medial site	N/A	not applicable
L8	left hand, first finger, lateral site	NEG / σ	negative
L9	left hand, thumb, medial site	NEURO	neurological
L10	left hand, thumb, lateral site	NG	nasogastric
L#	lumbar vertebrae & number	NH	nursing home
LAQ	long arc quad	NKA	no known allergies
LAX	laxative	NKDA	no known drug allergies
LB	low back	NMT	neuro muscular therapy
LBFE	left back flexion exercise	NOCT	nocturnal/night
LBM	last bowel movement	NOMS	national outcomes measurement sys.
LBP	lower back pain	NOS	not otherwise specified
LC	licensed clinician	NPO	nothing by mouth
LDL	low density lipoprotein	NS	normal saline
LE	lower extremity	NSR	normal sinus rhythm
LG	large	NST	nutrition screening tool
LLE	left lower extremity	NTG	nitroglycerin
LLL	left lower lobe	NWB	non-weight bearing
LLQ	left lower quadrant	N&V; N/V	nausea and vomiting
LOB	loss of balance	OA	osteoarthritis
LOC	level of consciousness / level of care	O/A	observation/assessment
LOS	length of stay	O2	oxygen
LP	Licensed Professional	OBS	organic brain syndrome
LPM	liters per minute	O&A	observation and assessment
LPTA	licensed physical therapist assistant	ONC	oncology
LS	lumbar sacral	OOB	out of bed
LTAC	long term acute care	ORIF	open reduction internal fixation
LTG	long term goals	ORTHO	orthopedic
LUE	left upper extremity	OZ	ounce
LUL	left upper lobe	OTC	over the counter
LUQ	left upper quadrant	P/A/SE	purpose, action, side effects
LVAD	left ventricular assist device	PAC	Professional Advisory Committee
LVN	Licensed Vocational Nurse	PALP	palpable
LW	living will	PAT	paroxysmal atrial tachycardia
M or MO	month (as in 1MO1 or 1m1)	PCH	personal care home
MAE	moves all extremities	PCP	primary care provider
MAP	medication assistance program	PDE	pre-discharge evaluation
MAX/MAX	maximum	PE	pulmonary embolism
MCA	Medicare	PEEP	positive end-expiratory pressure
MA	moderate assistance	PEG	percutaneous endoscopic gastrostomy
MCG	microgram	PER	by
MED	Medicaid	PERI	perineal
MEDS	medications	PERRLA	pupils equal, round reactive to light
M&E/MECP	management and evaluation of care plan	PHC	primary home care
MGM	milligram	PHI	Protected Health Information
MI	myocardial infarction	PICC	Peripherally Inserted Central Catheter
ML	milliliter	PKU	phenylketonuria
MM	millimeter	PLOF	previous level of function
MN	midnight	PLT	platelets
MIN	minimal assistance	PM	night/evening
MMT	manual muscle test	PMH	past medical history
MOD I	modified independent	PND	paroxysmal nocturnal dyspnea
MOW	Meals on Wheels	PNF	proprioceptive neuromuscular facilitation

PNS	phrenic nerve stimulation	ROC	Resumption of Care
POA	power of attorney	ROM	range of motion
POC	plan of care	RPE	rated perceived exertion
POS/+	positive	R/T	related to
POST	after	RT	respiratory therapy
POSTOP	postoperative	RUE	right upper extremity
PO/P.O.	by mouth	RUL	right upper lobe
POT	plan of treatment	RUQ	right upper quadrant
PPB	positive pressure breathing	RW	rolling walker
PPBS	post prandial blood sugar	S#	sacral spine & number
PPD	purified protein derivative (TB test)	SaO ₂	oxygen saturation level
PPP	palpable pedal pulses	SAQ	short arc quad
PR	per rectum	SBA	stand by assistance
PRE	progressive resistive exercises	SBS	stand by supervision
PRN	as needed	SCIC	Significant Change in Condition
PROD	productive	SE or S/E	side effects
PROG	prognosis	SED RATE	sedimentation rate
PROM	passive range of motion	SERO SANG	serosanguinous
PT	patient	SGOT	serum glutamic oxaloacetic
P.T.	physical therapy	SGPT	serum glutamic pyruvic test
PTT	partial thromboplastin time	SL	sublingual
PVD	peripheral vascular disease	SLB	short leg brace
PWB	partial weight bearing	SLE	systemic lupus erythematosus
Q	every	SLP	speech language pathology/pathologist
QA	quality assurance	SLR	straight leg raises
QC	quad cane	SLS	single leg stance
QH	every hour	SM	small
QHS	every night/at bedtime	SN	skilled nursing
QI	quality improvement	SNF	skilled nursing facility
QID	4 times a day	SNS	sterile normal saline
QS	quad set (PT)	SNV	skilled nurse visit
QTA	cotton tipped applicator	SOB	short of breath
QUAD	quadrant/quadriplegic/quadriceps	SOC	start of care / admission
R	right/respirations	S/P	status post
R1	right hand, fourth finger, medial site	ST	speech therapy
R2	right hand, fourth finger, lateral site	STC	straight tip cane
R3	right hand, third finger, medial site	STG	short term goals
R4	right hand, third finger, lateral site	SPEC	specimen
R5	right hand, second finger, medial site	SR	side rails
R6	right hand, second finger, lateral site	SRMC	safety risk management committee
R7	right hand, first finger, medial site	SSE	soap suds enema
R8	right hand, first finger, lateral site	STAPH	staphylococcus
R9	right hand, thumb, medial site	STAT	immediately
R10	right hand, thumb, lateral site	STREP	streptococcus
RA	rheumatoid arthritis	STS	sit to stand
RBB	right bundle branch	SUPP	suppository
RBBB	right bundle branch block	SV	supervisory visit
RBC	red blood cells	SVT	supraventricular tachycardia
RBS	random blood sugar	S/P	status post
RDA	recommended daily allowance	SX; S/S	signs and symptoms
RDS	respiratory distress syndrome	S/W	standard walker
RECERT/RCT	recertification	SWA	social work associate
REG	regular	TB	tuberculosis
REHAB	rehabilitation	T#	thoracicspine & number
REPS	repetitions	TTWB	toe touch weight bearing
RESP	respirations / respiratory	TEMP	temperature
RLE	right lower extremity	TAB	tablet
RLL	right lower lobe	TBSP	tablespoon
RLQ	right lower quadrant	TECH	technique
RML	right medial lobe	TENS	transcutaneous electrical nerve stimulation
RN	Registered Nurse	THA	total hip arthroplasty
R/O	rule out		

THER EX	therapeutic exercise
THR	total hip replacement
TIA	transient ischemic attack
TID	3 times a day
TIF	Transfer to Inpatient Facility
TKA	total knee arthroplasty
TKR	total knee replacement
TMJ	temporomandibular joint
TOP	topical
TPN	total parenteral nutrition
TPR	temperature, pulse respirations
TRACH	tracheostomy
TSH	thyroid stimulation hormone
TSP	teaspoon
TSA	total shoulder arthroplasty
TTWB	toe touch weight bearing
TUR	transurethral resection
TURP	transurethral resection of the prostate
TX	treatment
U/A	urinalysis
UE	upper extremity
UGI	upper gastrointestinal
UR	utilization review
URI	upper respiratory infection
US	ultrasound
UTI	urinary tract infection
UV	ultraviolet
VAD	vascular access device
VAS	visual analog scale
VC	verbal cues
VIT	vitamin
V/O	verbal order
V/P	venipuncture
V/S	vital signs
W or wk	week (as in 1 wk 4
W/A	walker
WBC	white blood count
WBAT	weight bearing as tolerated
WFL	within functional limits
WK	week (as in 3 wk 8)
WNL	within normal limits
WT	weight
W/C	wheelchair
WD	wound
W/I	within
W/O	week of
X	times
YOA	years of age
↑	increase
↓	decrease
♀	female
♂	male
=	equal to